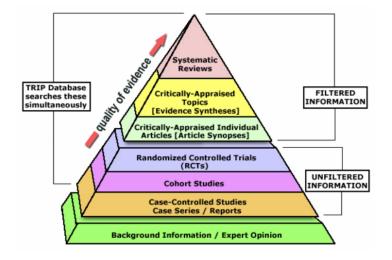
# utmb Health Moody Medical Library

### **Evidence-based Resources**

#### **Filtered Resources**

- Systematic Reviews
  - Cochrane Database of Systematic Reviews
  - Database of Abstracts of Reviews of Effects
  - Indexed in Medline and CINAHL (including non-Cochrane sponsored systematic reviews)
- Critically Appraised Topics (evidence syntheses and guidelines)
  - ACP Smart Medicine, DynaMed
- Critically Appraised Individual Articles (Article Synopses)
  - ACP Journal Club



#### Unfiltered

Randomized Controlled Trials, Cohort Studies, Case Controlled Studies – Case Series/Reports
 Medline, CINAHL, PsycInfo

#### **Background**

Evidence in these resources may vary from expert opinion to high levels of evidence

Books / eBooks—Books@Ovid, STAT!Ref, Clinical Key, Harrison's Online, Lange Educational Library

#### **Steps to Finding Evidence:**

- 1. Clearly articulate your question. Close any gaps in your own knowledge by consulting the background literature/asking background questions. Make sure you understand the science!
  - Foreground questions should cover PICO elements.
- 2. Identify search terms/synonyms and any limits (for example, age groups).
- 3. Search **Cochrane Library** to determine if there any Cochrane systematic reviews on the topic. If yes, stop and read the systematic review. If it answers your question, you're done!
- 4. Search **ACP Smart Medicine or DynaMed** for evidence-based topic appraisals. If you find one that answers your question, you're done!
- 5. If steps 3 and 4 do not yield useful information, it is time to search **Medline.** In addition to the search terms identified in step 2, think about types of evidence (article types) that would be likely to exist for the type of question you have. This will help you limit your search to articles that are more likely to be useful for answering clinical questions.
  - Therapy questions systematic reviews/meta-analyses if none, then randomized controlled trials – if none, then other level of clinical trial
  - Diagnosis questions make sure articles discuss sensitivity/specificity
  - Etiology/Causation/Harm cohort studies or case controlled studies
  - Prognosis/Natural History Longitudinal studies
     Search Note: never focus the prognosis subject heading in Medline
- 6. If these study types do not exist for your question, is there a case study that matches your patient? Is there a review article?
- 7. Have you asked a librarian for help with your search to be sure there is really nothing?

## **Recommended Resources**

Cochrane Library	ACP Smart Medicine	DynaMed	Medline
Resource Category: Evidence-based resource	Resource Category: Evidence-based, point-of-care	Resource Category: Evidence-based, point-of-care	Resource Category: Bibliographic database
Why use?  Provides high quality, independent evidence for health care decision making from collection of databses  Provides systematic reviews on the effects of health care interventions  Cochrane Collaboration reliable	Why use?  Recommendations include strength of evidence ratings  Studies are graded for level of evidence  Synoptic format is fast/easy to read	Why use? Clinically organized summaries / Outline format Evidence integrated into content, some grading of evidence	Why use?  Access primary literature  Access systematic reviews from non-Cochrane sources  It's always available  It's the premier biomedical database
<ol> <li>Scope - Composed of 6 databases:</li> <li>Cochrane Database of Systematic Reviews- investigates the effects of interventions for prevention, treatment, &amp; rehabilitation in healthcare.</li> <li>If there is no Cochrane Review, then other good quality reviews and RCTs available in:</li> <li>Database of Abstracts of Reviews of Effects (Other Reviews) - summarizes reviews not carried out by Cochrane; contains abstracts of systematic reviews that have been quality addressed</li> <li>Cochrane Central Register of Controlled Trials (Clinical Trials) – bibliographic information of articles from databases and other published resources</li> <li>Cochrane Methodology Register (Method Studies) – bibliography of publications that report on methods used in conducting clinical trials</li> <li>Health Technology Assessment Database (Technology Assessments) –brings together details of completed and ongoing health technology assessments (studies of medical, social and economic implications of healthcare technology)</li> <li>NHS Economic Evaluation Database (Economic Evaluations) – provides economic evaluations from around the word, appraising their quality and highlighting their relative strengths and weaknesses</li> </ol>	Internal medicine focus Drug information from AHFS DI Drug Essentials In STAT!Ref platform Enter search terms or browse by: Diseases Screening/Prevention Complementary Alternative Medicine Ethical/Legal Issues Procedures Quality Measures	Scope  Designed with primary care clinicians in mind Includes drug entries  Search or browse Diseases and drugs listed together for browsing	Scope  1946 + 5,400 journals in 30+ languages Over 21 million records  Subjects Medicine Nursing Allied Health Dentistry Veterinary Medicine Pre-clinical sciences Life sciences, including biology, environmental science, plant & animal science Behavioral science Behavioral science Chemical sciences, including chemistry Bioengineering Biophysics